



The Bugle May 2026



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 AMERICAN
LEGION

Veterans * Defense * Youth * Americanism * Communities

Commanders Salute Member of the Month

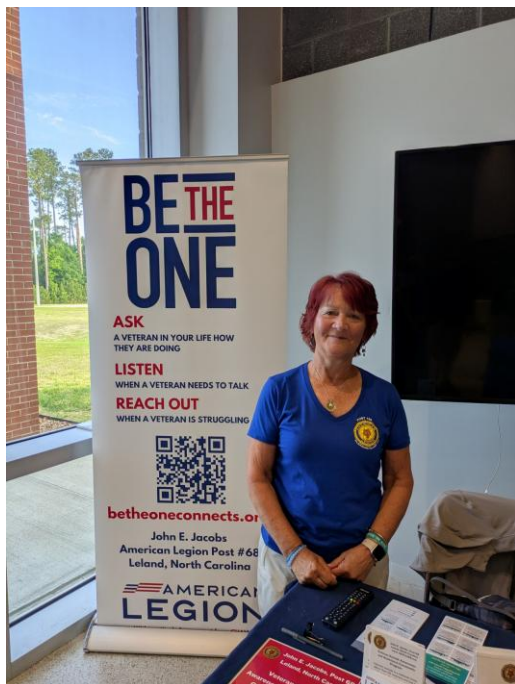


Congratulations to Debbie Bowman, our Pleasure Island American Legion Post 129 Member of the Month for May 2026.

Debbie is definitely one of our key hard-working Legion family members. She serves as one of our Post Bartenders, but also seems to be literally at every function helping out with our food program. She can be found in the kitchen or in the pavilion, serving our customers or assisting with BINGO as part of her BINGO Team. Debbie is always upbeat and smiling, and just makes the place brighter and happier every time I see her at the Post. She is the leader of "Team Bowman", which consists of her husband Mike, a SAL member, who was recognized as Member of the Month last year for his outstanding support of our Post. A great husband and wife team who are always willing to help in any way.

My Commander's salute to Debbie for her outstanding service to our Post. I will present her with a certificate of appreciation and the member appreciation coin at the May Post General Meeting on May 12, 2026. In addition, Debbie will have a dedicated parking space for May out in front of the Post. Please join me in congratulating Debbie and thanking her for all her outstanding support of our Post and especially our veterans.





Today the No. 1 issue facing the veteran community is suicide. The mission of The American Legion's Be The One initiative is to reduce the rate of veteran suicide. We're actively working on lessening the stigma associated with mental health treatment and empowering everyone to take appropriate action when a veteran or service member may be at risk, - - one life at a time. Whether you're a veteran or the friend or family member of a veteran, you can BE THE ONE!

Following the Be The One presentation to the Carolina Beach Town Council back in February, the town's leadership enthusiastically endorsed the Be The One effort and offered us the opportunity to extend the message to the community.

Committee members Donna Crouch, Rae Cavanaugh and Edie Ludgate will be found at the Carolina Beach Boardwalk Concert event through the summer months, distributing literature that helps to bring awareness to the Veteran Suicide crisis. Dates you'll see them at the Boardwalk are May 22, June 11, July 3, August 6 and Sept 4.

By providing suicide risk factors & warning signs, and sharing helpful tips on how to talk to someone in crisis, we educate and prepare our residents with tools to better serve our Veterans and the entire community.

We always encourage our Post 129 family to join us in the Be The One mission. The only requirements are a caring and supportive personality. Please consider joining the effort.

A new Be The One brochure rack will soon be available with helpful pamphlets on the topic. Be sure to check it out in the Canteen entrance area

BE the One prepared to help. Know the contact info so you are ready to refer a veteran in crisis. Dial 988 and Press 1 for immediate confidential support. 24/7

Regards,
Edie Ludgate
American Legion Post 129 Be The One



Our Post Sgt of Arms and Legion Riders Assistant Director, Alex Huber, planned a short-notice ride on Monday with Jack Newbrough, a Leland resident and former Weirton, WV, Riders Director, for an escort ride for his nephew, who retired as a Master Chief Master Diver from the Navy last month. The family was traveling around in an RV, vacationing during his terminal leave and staying at Blakeslee AFB RV park.

Alex was able to pool together a group of 13 riders between Post 129, Little River Post 186, and Jacksonville Post 265, as well as his uncle and two of his friends. They all met at Post 129 and rode down to surprise the retiree at Blakeslee. They then escorted him and his wife down to the end of Ft Fisher and back to Post 129, where, according to Alex, everyone gushed over our hamburgers and beer. A lot of riders had to leave after a couple of hours, but Alex then escorted the family up to Post 10 for cake and more celebration.





SAL Commander's Corner (4.26.26)

Our next SAL Saturday BBQ will be this coming Saturday, May 2nd, noon till 5pm. Please come out and enjoy a delicious chicken dinner with sides, listen to some tunes, maybe a little cornhole, and don't leave without a bake sale table desert. Nominations for SAL executive board officer positions will be accepted at the next SAL general meeting on Monday, May 4th at 5:30 pm. The election for those positions will be held at the June 1st general meeting. In closing, the Squadron would like to extend it's sincere appreciation for the service and leadership of Legion Commander Pete Green over the past two years. Pete has righted the ship and plotted a clear path for the success of Post 129 for years to come. No small feat when you consider where we were when he took the helm.



Representatives of the DAV presented a plaque of appreciation to our auxiliary for our assistance with Disabled Vet family meals over the holidays.



American Legion Auxiliary members and volunteers of Post 129 will be distributing poppies in honor of our fallen warriors on Saturday, May 23rd throughout local businesses in Carolina Beach. Donation canisters will be placed also at several locations. All proceeds helps the Auxiliary assist veterans, military and their families.

Wearing the poppy during Memorial Day weekend is one small way to honor and remember our fallen service members who willingly served our nation and made the ultimate sacrifice for our freedom. The red poppy became the official flower of the American Legion family on September, 27, 1920

May Upcoming Events

Friday 1 May

 AMERICAN
LEGION



POST 129



Saturday 2 May

CHICKEN BBQ

Cookout



1/2 Chicken

(Sauced or Naked)

Potato Salad,
Baked Beans
& Roll

Dine In or Take Out

Cost: \$12

Saturday, May 2nd

Noon – 5 PM

- **FREE PARKING**
- **DJ Playing Music**
- **Cornhole @ 2pm**
- **Beer, Soda and Bottled Water for Purchase**

*Fundraiser to Benefit the
American Legion, Veterans &
their Families, and our Community.*

Open to the Public

*Take-out Available or Join
us in the Courtyard or
Pavilion for Music and Fun*





HIBACHI DINNER

SAVE THE DATE: Saturday, May 9th.

The May member/guest dinner will be May 9th featuring our first time ever **Hibachi**. Dinner will include hibachi style steak and chicken served with sautéed vegetables, fried rice, salad with ginger dressing and dessert. The cost is \$22.00 per person. Payment is required at time of sign up. Sign up sheet will be posted in the canteen on Thursday, April 23rd. Limit of 60 people. There will be 3 time slots available with 20 people per time slot. Please no refunds.

See you at the hut!

Upcoming Events

AMERICAN LEGION PLEASURE ISLAND POST 129

★ MEMORIAL DAY ★

HONORING AND REMEMBERING
JOIN US AS WE HONOR OUR FALLEN U.S. SERVICE MEMBERS

MAY 25, 2026
11 - 12 AM Service
12 - 1 PM Lunch

Post Pavilion & Backyard

- ★ Memorial Service
- ★ Free Veterans Meal
- ★ Information on
Veteran Services and
American Legion Membership



SONS OF THE AMERICAN LEGION

POST 129



Serving Our Veterans
Serving Our Community



1500 Bridge Barrier Rd.
Carolina Beach, NC 28428

Patriotism, Citizenship, Discipline, Leadership, Legionism

AMERICAN HERITAGE GUN RAFFLE

Proceeds will be donated to help partner Veterans with service dogs
through Canines for Service

ENTER FOR A CHANCE TO WIN...

**1ST PRIZE: HENRY BIG BOY X MODEL ENGRAVED
"AMERICAN LEGION TRIBUTE EDITION" .357/.38 CALIBER RIFLE**



**2ND PRIZE: TAYLOR & COMPANY OUTLAW LEGACY
"GOD-GUNS-FREEDOM" ENGRAVED .45LC COWBOY REVOLVER**



**3RD PRIZE: WINCHESTER WILDCAT .22LR SEMI AUTO,
18" BARREL, TRUE TIMBER STRATA RIFLE**



4TH PRIZE: \$150.00 CASH

Winners will be drawn on
Saturday, October 3rd, 2026 at 5pm
American Legion Post 129
Carolina Beach, NC



For any questions, please call Sid at (443) 820-5367

**SPECIAL THANKS TO CAROLINA PUBLIC SAFETY, LLC/FFL FOR
SUPPORTING THIS RAFFLE. www.carolinapublicsafety.com**



Commander's corner,
Please come out on Saturday, March 7th between 12-5pm
and support our SAL Chicken BBQ open to the public.

Very Respectfully,
Sid, Squadron Commander

Sponsored by

 AMERICAN
LEGION

RICHARD H. STEWART, JR. POST 543
St. James, North Carolina



Women Veterans Health Care Summit

JUNE 18-19, 2026

Thursday & Friday | 8:30 AM - 4:00 PM

Homer E. Wright Event Center
4136 Southport Supply Rd SE
St James, North Carolina 28461

Join fellow women veterans, healthcare professionals, and community partners for a two-day event focused on women veteran health, wellness, and resources.

What to Expect

- Expert Women Health Care Speakers
- Group Discussions, Collaboration, Actionable Idea Development
- VA State Representatives
- Health & Wellness Resources
- Networking Opportunities

Breakout Sessions to Join

- Group 1: Obstacles to Effective Women Veterans Health Care
- Group 2: Mental Health Challenges for Women Veterans
- Pre-Post Menopausal Issues Relating to Women Veterans

Who Should Attend

- Women Veterans
- Veteran Service Providers
- Local Health Care Practitioners



Registration is Limited - Don't Delay!!

TO REGISTER:

Scan the QR code or click the link below:

<https://givebutter.com/WomenVets>



Dr. Kathy Roth
LTC, US Army (Ret)
AL Post 543 Member
Summit Chairwoman

Free Parking

Lunch Provided for Registered Attendees

The Post in Action

I was honored to be the guest speaker and attend the Sgt Eugene Ashley High School Navy Junior Reserve Officers Training Corps 2026 Military Ball at our Post. Our Post 129 American Legion family is so proud to support these amazing young men and women who are part of the Navy JROTC Cadets. I presented Master Chief DesCamps with a check for \$1000, which will help provide opportunities to send 5 Cadets to The Citadel in South Carolina for advanced leadership development and more. Our community's support of BINGO, our public Fish Fry, and BBQ dinners helps us make these financial donations. Pleasure Island, thank you for supporting our programs.





Pavilion Calendar 2026 May

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 PUBLIC FISH FRY 11:00-7:00	2 SALS DINNER HOA Mtg 11:00 8-11
3 Shag 4:00	4 SALS MTG 4:30 PEC 3-5	5 INLET ASSOC.	6 TRIVIA 6:30	7 BINGO 6:30	8	9 Deb & Ronnie Dinner
10 Shag 4:00	11 PH 5:00	12 Gen. Mtg. 5:00	13 TRIVIA 6:30	14 BINGO 6:30	15	16 Veterans Art Workshop 10-1 Wedding Rec 1-11
17 Shag 4:00	18 Island Women	19 AUX. MTG. 5:00	20 TRIVIA 6:30	21 No Bingo	22	23 Blood Drive 10-3
Shag 24 4:00 Shag 31 4:00	25	26 ISLAND MEN	27 TRIVIA 6:30	28 Bingo Staff Party 4-9	29	30